

Biking on the paths that make you “wow”

Highlight

- Awesome scenery
- Tam Coc – the “Halong Bay on the rice fields”
- Home-stay in Thai village
- Traditional foot massage

Itinerary at a glance

Day 1: Overland to Mai Chau/bike to Buoc Village

Day 2: Bike on back road to Mai Chau

Day 3: Bike/drive to Ninh Binh

Day 4: Bike/sightseeing of “Halong Bay on the rice field”

Trip note

Duration:	4 days, 3 nights
Group size:	08 persons
Depart from:	Hanoi
End at:	Hanoi
When:	Year round
Activities:	Biking, Culture expedition
Trekking grade:	Moderate
Transportation:	Support vehicle, mountain bike
Guide:	English or French speaking guide
Accommodation:	Hotels & homestay
Meals:	Day 1: Lunch, Dinner Day 2-3: Breakfast, Lunch, Dinner Day 4: Breakfast, Lunch



Tour price

Please contact our **Customer Service** at info@activetravel.asia or call +84 97 980 0588 (24/7 LiveHelp)

Inclusion:

- Support vehicle
- High-end Mountain bike
- Helmet and biking gloves
- English or French speaking guide
- Meals as indicated in the itinerary
- Hotels (twin shared room)
- Home-stay permission
- First-aid kit
- Water & Snacks
- Entrance fees & Sightseeing fees

Exclusion:

- Travel insurance
- Visa
- Tips
- Personal expenses

Note on client safety

We reserve the right to deviate from this itinerary for any reasons, including road and weather conditions, frequency of visits to a village, or for any other factor which may influence client safety.



Food

All meals, which are indicated in the itinerary, are included in the price of this trip. Since we travel away from town, the emphasis will be on healthy and nutritious fresh local produce. In Mai Chau, a local cook will accompany us and cook meals at the home-stay

The homestay

Homestay in Mai Chau is simple in term of bedding condition and amenities. We will stay overnight in the traditional house-on-stilts of Thai people and, as the locals do, we will sleep on bamboo floor with mattress, clean sheet, pillows and mosquito nets. Toilet is usually western style.



The biking day

A typical biking day starts at about 8.30 am after breakfast. Lunch times can vary depending on the distance. We aim to reach the next overnight stop by 4.30 or 5. During the biking we will have plenty short breaks for rest, snack and photographing.

The bike

On this tour we use 21-speed professional mountain bike in different sizes. Also our helmets are of good quality.

ATA tour guide

The tour will be led by one of our tour guides who is experienced in guiding trekking tours in Vietnam. He has been carefully trained in this field and is fully licensed in tour guiding by the government. In addition, he has been trained in first-aid by SOS International and he knows how to deal with difficult situations. You will have a great time traveling with him.

What to bring

Trekking boot, sun block, hat, anti-insect repellent, sunglasses, sleeping bag (optional), rain coat, toiletries, original passport.

Detailed Itinerary

Day 1: Overland to Mai Chau/bike to Buoc Village

Leave Hanoi at 8am. We drive southwest to Ma Chau, the gateway to the impressive mountainous area of northern Vietnam. The drive is very nice with stunning view of mountains, valleys, sugarcane farms and rice paddies. We would have a stop en route for refreshment. Upon arrival in Mai Chau we have a lunch stop in Pom Coong, a village of Thai ethnic minority. We will have lunch in a local house. After lunch we embark on a biking on village road to Buoc, a village of Thai minority group. We will have dinner and overnight in a traditional stilt-house of a Thai family.

Summary

Biking: 30km
Meals: Lunch, Dinner
Accommodation: Homestay

Day 2: Bike on back road to Mai Chau

Breakfast in the home stay and then we start biking on beautiful country road through scenic villages of Thai minority. We will have lunch in a local house in

Xo village. After lunch we continue riding to Pom Coong village. Dinner and overnight in Pom Coong Village.

Summary

Biking: 35km
Meals: Breakfast, Lunch, Dinner
Accommodation: Homestay





After 1hr riding we reach Tam Coc. Lunch in local restaurant and then enjoy an interesting rowing boat trip on river to explore the Halong Bay on the rice paddies. Drive back to Hanoi. Trip concludes.

Summary

Biking:	22km
Boat trip:	2hrs
Meals:	Breakfast, Lunch

Day 3: Bike/drive to Ninh Binh

Breakfast and free at leisure to cycle around in the Mai Chau valley or shopping for Thai handmade fabric. Lunch in Mai Chau. After lunch we drive to Ninh Binh. Stop on the way for a beautiful ride through country side. Overnight in Ninh Binh.

Summary

Biking:	30km
Meals:	Breakfast, Lunch, Dinner
Accommodation:	Hotel

Day 4: Bike/sightseeing of “Halong Bay on the rice field”/Drive back to Hanoi

Biking from the hotel to Hoa Lu, the first capital of Vietnam date back from 8th century. Visit the temples and climb some hundred steps to the top of a mountain for a great view over the “Halong Bay on the rice field”. After here we bike through an amazing area of limestone mountains uprising on rice paddies.



Holiday Extensions

Kayaking in Halong Bay: 3-day tour with 2-day kayaking and overnight on Chinese junk

The most famous place for kayaking in Vietnam. Kayak is also the best way to explore how beautiful Halong Bay is, to paddle through islets, to visit hidden caves, lagoons, unspoiled beaches, floating fishing village, to talk with local fish man. Thanks to thousands of islands on the bay, the water is calm, the current is fine, and the wind is not too strong are ideal condition for sea kayaking.



ACTIVELY EXPLORING HIDDEN LANDS