

Highlight

- Awesome scenery
- Home stays in villages of ethnic minorities
- Beautiful trails
- All meals included

Itinerary at a glance

Day 1: Transfer to Mai Chau/Trek to Hang Kia Village

Day 2: Trek downhill to Van Village

Day 3: Trek to Buoc Village

Day 4: Trek/drive back to Hanoi

Trip note

Duration:	4 days, 3 nights
Group size:	08 persons
Depart from:	Hanoi
End at:	Hanoi
When:	Year round
Activities:	Trekking, Cultural expedition
Trekking grade:	Moderate
Transport:	AC vehicle, on foot
Accommodation:	3 homestay
Tour guide:	English or French speaking guide
Support crew:	Local cook
Meals:	Day 1: Lunch, Dinner Day 2-3: Breakfast, Lunch, Dinner Day 4: Breakfast, Lunch



Tour price

Please contact our **Customer Service** at info@activetravel.asia or call +84 97 980 0588 (24/7 LiveHelp)

Inclusion:

- AC transfer
- English or French speaking guide
- Local cook
- Meals as indicated in the itinerary
- Home-stay permissions
- Foot massages
- One bottle of water per day
- Entrance fees & Sightseeing fees

Exclusion:

- Travel insurance
- Visa
- Tips
- Personal expenses

Note on client safety

We reserve the right to deviate from this itinerary for any reasons, including road and weather conditions, frequency of visits to a village, or for any other factor which may influence client safety.



Food

All meals, which are indicated in the itinerary, are included in the price of this trip. While in big towns we will enjoy Vietnamese cuisine in fine restaurants. Once we travel away from big towns, the emphasis will be on healthy and nutritious fresh local produce.

The homestay

Homestay in villages is simple in term of bedding condition and amenities. We will sleep on beds or floor with mattress, clean sheet, pillows and mosquito nets. Toilet is usually western style

The trekking day

A typical trekking day start at about 8.30 am after breakfast. Lunch times can vary depending on the terrain. We aim to reach the next overnight stop by 4.30 or 5. During the trek we will have short breaks for rest, snack and photographing.

ATA tour guide

The tour will be led by one of our tour guides who are experienced in guiding trekking tours in Vietnam. He has been carefully trained in this field and is fully licensed in tour guiding by the government. In addition, he has been trained in first-aid by SOS International and he knows how to deal with difficult situations. You will have a great time traveling with him.

What to bring

Trekking boot, sun block, hat, anti-insect repellent, sunglasses, sleeping bag (optional), rain coat, toiletries, original passport.



Detailed Itinerary

Day 1: Hanoi – Mai Chau – Trek to Hang Kia Village

In the morning we leave for Mai Chau, the beautiful gate way to the mountainous area of northern Vietnam. On the way we will have a short stop for refreshment. Upon arrival in Mai Chau we will pick up our local guide and continue driving to Xa Linh Village, where we will have our lunch in a local house before setting off on a beautiful trekking in the afternoon. From here we will not use our car until the last day. After lunch we will begin our trek on the village's road to reach Tra Day Village, home to a small community of Black H'mong people. Continue trekking to the scenic valley of Hang Kia. Tonight we will stay overnight with a H'mong family. While our local guide cooks dinner we can take a stroll in the village to observe locals' daily life.

Summary

Transfer: 4 hrs
Trekking: 3-hr trek/dirt path/easy terrain
Meals: Lunch, Dinner
Accommodation: Local home

Day 2: Trek to Van Village

After breakfast in the house we say goodbye to the host family and begin the trek of the day. We will walk through dense jungle for one hour before descending a peaceful valley. On the mountain slope we will have great view of stunning mountains, bamboo forest and villages. Crossing a small stream at the bottom of the mountain we then take a lunch break in a village of Thai people. In the afternoon the terrain becomes easier, we will trek 2 hrs in the valley, passing many rice paddies and villages of Thai and Muong ethnic minorities. The path leads us to the beautiful village of Van, where we spend the night with a Thai family. While waiting for dinner we can take stroll in the village or have a pre-dinner drink.

Summary

Trekking: 6-hr trek/jungle trail & dirt path/steep descent
Meals: Breakfast, Lunch, Dinner
Accommodation: Local home

Day 3: Trek to Buoc Village

Today we trek 3 hrs in the morning. The path runs uphill and downhill through bamboo forest, rice terraces and longan farms. On the trek we may see farmers working on their farms. At lunchtime we will reach Buoc, another scenic village of White Thai ethnic minority. We will have lunch in a local house. In the afternoon we will enjoy 2-hr leisure trek around the village. Weather permitting, at the end of the day we could enjoy the cool water of the stream nearby the home stay.

Summary

Trekking: 5-hr trek/village road & dirt path/
slightly downhill and uphill

Meal: Breakfast, Lunch, Dinner

Accommodation: Local home

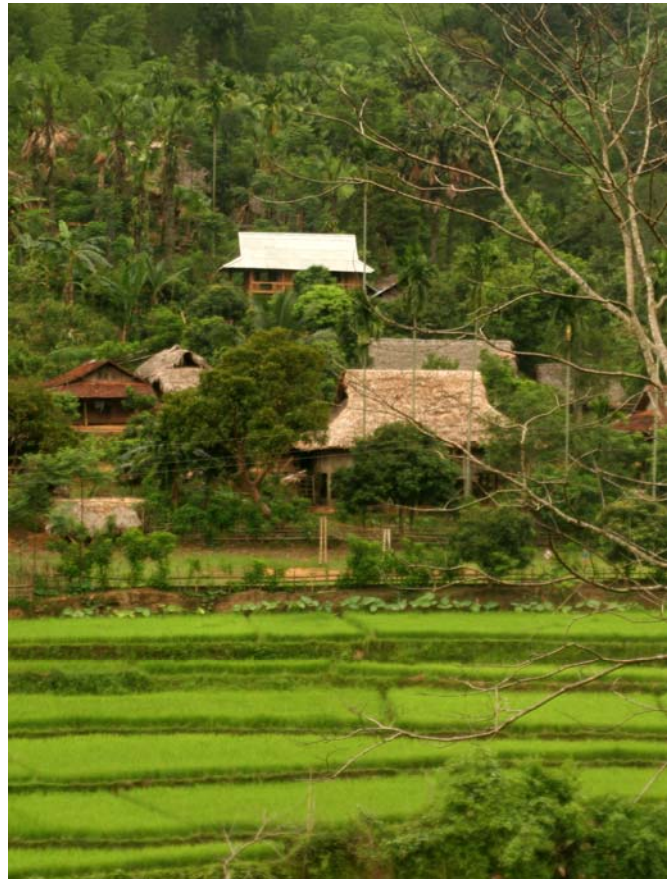
Day 4: Trek to Van Mai – Transfer to Hanoi

After breakfast we enjoy the last trekking along mountain foot to reach Van Mai Village, where we will be transferred to Pom Coong Village for lunch in a local house. After lunch we will head back to Hanoi. Return to Hanoi around 5pm. Tour ends.

Summary

Trekking: 3-hr trek/dirt road/easy terrain

Meal: Breakfast, Lunch



Holiday Extensions

Kayaking in Halong Bay: 4-day tour with 3-day kayaking and overnight on Chinese junk



The most famous place for kayaking in Vietnam. Kayak is also the best way to explore how beautiful Halong is, to paddle through islets, to visit hidden caves, lagoons, unspoiled beaches, floating-fishing village, to talk with local fish-man. Thanks to thousands of islands on the bay, the water is calm, the current is fine, and the wind is not too strong are ideal condition for sea-kayaking.

Trekking in Sapa: 4-day tour with 3-day trek and 2 nights home stays in villages

Sapa, nestling in a beautiful valley on the border with China, is northwest Vietnam's most colorful destination. Sapa and its environs has some of the best trekking in Vietnam and there are many ethnic minority villages that can be reached in day treks from Sapa or for a real hill tribe experience it is possible to stay overnight in local villages along the way. The scenery is spectacular, especially in spring and autumn when the skies are clear and blue, and the people are welcoming. Dominating the Sapa skyline is the peak of Vietnam's highest mountain, Mount Fan Si Pan, rising to 3,143m above sea level.



ACTIVELY EXPLORING HIDDEN LANDS