

Highlight

- Awesome scenery
- Great view from the summit
- Challenging trails
- Fully supported

Itinerary at a glance

Night 1: Night train to Lao Cai

Day 1: Lao Cai – Sapa.

Day 2: Trek to the first base camp

Day 3: Trek to the second base camp

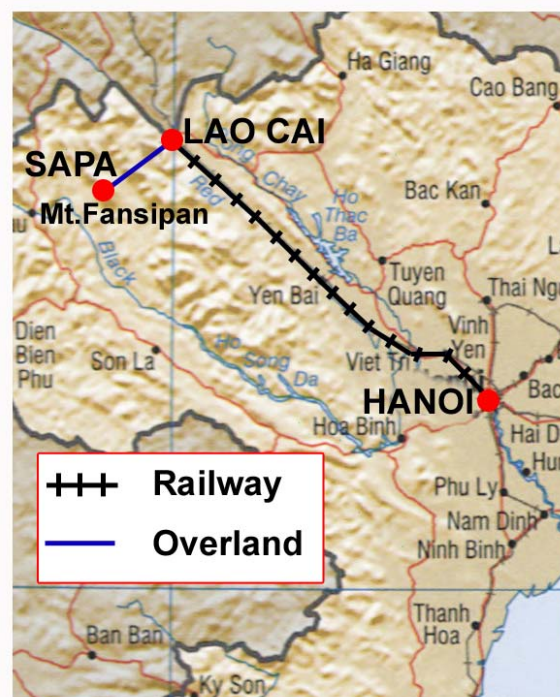
Day 4: Trek to the summit and return to the first base camp

Day 5: Back to Sapa. Night train to Hanoi

Day 6: Back to Hanoi

Trip notes

Duration:	6 days, 6 nights
Group size:	08 persons
Depart from:	Hanoi
End at:	Hanoi
When:	Oct — Apr
Activities:	Mountain climbing
Grade:	Challenge
Transport:	Train, car, on foot
Accommodation:	1 night hotel, 2 night trains, 3 night camping
Tour guide:	English or French speaking guide
Support crew:	Porters & cook
Meals:	Day 1: Breakfast Day 2-4: Breakfast, Lunch, Dinner Day 5: Breakfast



Tour price

Please contact our **Customer Service** at info@activetravel.asia or call +84 97 980 0588 (24/7 LiveHelp)

Inclusion:

- Sleeper cabin on train for two ways
- Twin shared room in Sapa
- Camping on the trek
- Transfer two ways in Lao Cai
- Transfer one way in Hanoi
- English speaking guide
- Porters & Cook
- Meals as indicated in the itinerary
- Waters & Snacks
- Entrance fees & sightseeing fees

Exclusion:

- Travel insurance
- Visa
- Tips
- Personal expenses

Note on client safety

We reserve the right to deviate from this itinerary for any reasons, including road and weather conditions or for any other factor which may influence client safety.

Food

All meals, which are indicated in the itinerary, are included in the price of this trip. On the trek the support crew will cook meals for us. Since we are far away from the town, the emphasis will be on healthy and nutritious local produce.

The campsite

Our camp for the evening will be in a very small clearing on the mountain enclosed by bamboo. You will be provided with twin shared tent, sleeping bag and air mattress. The campsites are subjected to change due to the size of groups and weather conditions.

The transfers

In Hanoi, one ATA staff will accompany you to the train to show you your cabin and tell you how to deal with the overnight train. When you get back to Hanoi on day 6 you can easily find a taxi to get to your hotel. In Lao Cai, our guide will meet you at Lao Cai Railway Station in the morning of the first day. He also see you off at Lao Cai Railway Station on day 5.

The trekking day

A typical trekking day start at about 8.30 am after breakfast. Lunch times can vary depending on the terrain. We aim to reach the next overnight stop by 4.30 or 5. During the trek we will have short breaks for rest, snack and photographing.

ATA tour guide

The tour will be led by one of our tour guides who are experienced in guiding trekking tours in Vietnam. He has been carefully trained in this field and is fully licensed in tour guiding by the government. In addition, he has been trained in first-aid by SOS International and he knows how to deal with difficult situations. You will have a great time traveling with him.

What to bring

Trekking boot, sun block, hat, anti-insect repellent, warm clothes, rain coat, flash-light, toiletries, original passport

Detailed Itinerary

Night 1: Night train to Lao Cai

Transfer from your hotel to Hanoi Railway Station for the night train to Lao Cai. Overnight in AC soft sleeper cabin.

Summary

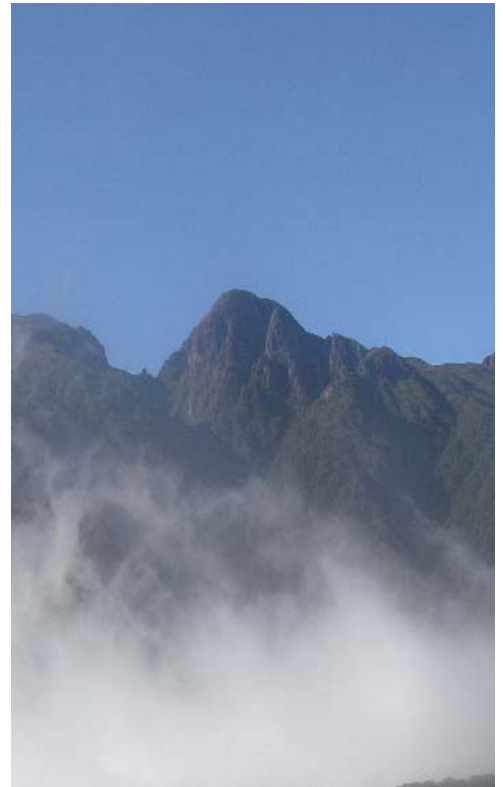
Transfer railway station: AC vehicle
Accommodation: Soft sleeper in AC cabin

Day 1: Lao Cai – Sapa – Tavan Village

Arrive in Lao Cai around 5.30 am. We will take 1hr bus ride uphill to the beautiful town of Sapa. The ride give you a glimpse of the stunning vistas and impressive rice terraces. Upon arrival in Sapa Town we have breakfast in local restaurant. Free time for the rest of the day to explore the town. Optional walking tour begins at 1 pm to Lao Chai Village, home to Black H'mong people. Overnight in Sapa.

Summary

Transfer Lao Cai – Sapa: 1 hr
Accommodation: Hotel in Sapa
Activity: Free at leisure
Meals: Breakfast



Day 2: Trek to the first base camp

After breakfast in the hotel we will meet our support crew, who will carry all equipment, foods and our clothing. We will carry our day pack with water, jacket and camera only. Today we will begin the first part of our ascent with a trek through terraced rice paddies and some villages of ethnic minorities.

Setting out from Sapa we descend into the nearby village of Cat Cat and cross Muong Hoa River. Past the river we start our upward trek to reach an elevation of 1,700 m where we will have lunch break.

In the afternoon we will continue trek to the first base camp at an elevation of 2,300 m. The terrain in the afternoon becomes steeper and more difficult as we trek through massive Arrowroot plantations and up steeper slopes surrounded by bamboo. Our camp for the evening will be in a very small clearing on the mountain enclosed by bamboo. Sleep in bamboo hut or tent.

Summary

Trekking: 7 hrs/ascend 2,300 m from 1,600 m (Sapa)
Accommodation: Camping
Meals: Breakfast, Lunch, Dinner

Day 3: Trek to the second base camp

Today we set out for a full day trek to the second base camp. As we continue on we will pass through primary forest containing giant, century old pine trees and expanses of bamboo. Our trek will take us to an altitude of 2,900 m from this elevation we have a spectacular view across to the peak of Mt. Fansipang. After lunch we start climb down to an elevation of 2,700 m. Our decent will be over large boulders, down a fairly steep slope. Our camp is on the mountain slope facing west, near a mountain stream. Dinner and overnight at the base camp.

Summary

Trekking: 7 hrs/ascend 2,900 m/descend to 2,700 m
Accommodation: Camping
Meals: Breakfast, Lunch, Dinner

Day 4: Trek to the summit and descend to the third base camp

Today is the summit day, we climb to the roof of Indochina: the peak of Mt. Fansipang. The final climb will takes around three hours though dense bamboo forest . Once at the summit we will spend sometime soaking up the best panorama in Vietnam. We then climb back to the second base camp for lunch.

In the afternoon we will descend to the third base camp where we spend the last night on mountain. It will take around 4 hours taking the same trails as the previous day.

Summary

Trekking: 7 hrs/ascend 3,143 m/descend 2,300 m
Accommodation: Camping
Meals: Breakfast, Lunch, Dinner

Day 5: Back to Sapa. Night train to Hanoi

Today we trek downhill all the way. We will reach Sapa around lunch time. In the afternoon we will then be free to take shower and relax after the climb, In the late afternoon we will be transferred to the railway station for night train to back Hanoi.

Summary

Trekking: 4 hrs/descend 1,600 m (Sapa)
Accommodation: Camping
Meals: Breakfast

Day 6: Back to Hanoi

Arrive in Hanoi early morning. Trip concludes

Holiday Extensions

Kayaking in Halong Bay: 3-day tour with 2-day kayaking and overnight on Chinese junk

The most famous place for kayaking in Vietnam. Kayak is also the best way to explore how beautiful Halong Bay is, to paddle through islets, to visit hidden caves, lagoons, unspoiled beaches, floating-fishing village, to talk with local fish-man. Thanks to thousands of islands on the bay, the water is calm, the current is fine, and the wind is not too strong are ideal condition for sea-kayaking.



ACTIVELY EXPLORING HIDDEN LANDS