

## Highlight

- Awesome scenery
- Great view from the summit
- Challenging trails
- Fully supported

## Itinerary at a glance

**Night 1:** Night train to Lao Cai

**Day 1:** Lao Cai – Sapa.

**Day 2:** Trek to the first base camp

**Day 3:** Trek to the summit and return Sapa

**Day 4:** Back to Hanoi

## Trip notes

<b>Duration:</b>	4 days, 4 nights
<b>Group size:</b>	08 persons
<b>Depart from:</b>	Hanoi
<b>End at:</b>	Hanoi
<b>When:</b>	Oct — Apr
<b>Activities:</b>	Mountain climbing
<b>Grade:</b>	Challenge
<b>Transport:</b>	Train, car, on foot
<b>Accommodation:</b>	1 night hotel, 2 night trains, 1 night camping
<b>Tour guide:</b>	English or French speaking guide
<b>Support crew:</b>	Porters & cook
<b>Meals:</b>	Day 1: Breakfast Day 2: Breakfast, Lunch, Dinner Day 3: Breakfast, Lunch



## Note on client safety

We reserve the right to deviate from this itinerary for any reasons, including road and weather conditions or for any other factor which may influence client safety.



## Tour price

Please contact our **Customer Service** at [info@activetravel.asia](mailto:info@activetravel.asia) or call +84 1234 272728 (24/7 LiveHelp)

## Inclusion:

- Sleeper cabin on train for two ways
- Twin shared room in Sapa
- Camping on the trek
- Transfer two ways in Lao Cai
- Transfer one way in Hanoi
- English speaking guide
- Porters & Cook
- Meals as indicated in the itinerary
- Waters & Snacks
- Entrance fees & sightseeing fees

## Exclusion:

- Travel insurance
- Visa
- Tips
- Personal expenses

### Food

All meals, which are indicated in the itinerary, are included in the price of this trip. On the trek the support crew will cook meals for us. Since we are far away from the town, the emphasis will be on healthy and nutritious local produce.

### The campsite

Our camp for the evening will be in a very small clearing on the mountain enclosed by bamboo. You will be provided with twin shared tent, sleeping bag and air mattress. The campsite are subjected to change due to the size of groups and weather conditions

### The transfers

In Hanoi, one ATV staff will accompany you to the train to show you your cabin and tell you how to deal with the overnight train. When you get back to Hanoi on day 5 you can easily find a taxi to get to your hotel.

In Lao Cai, our guide will meet you at Lao Cai Railway Station in the morning of the first day. He also see you off at Lao Cai Railway Station on day 4.

### The trekking day

A typical trekking day start at about 8.30 am after breakfast. Lunch times can vary depending on the terrain. We aim to reach the next overnight stop by 4.30 or 5. During the trek we will have short breaks for rest, snack and photographing.



### ATA tour guide

The tour will be led by one of our tour guides who are experienced in guiding trekking tours in Vietnam. He has been carefully trained in this field and is fully licensed in tour guiding by the government. In addition, he has been trained in first-aid by SOS International and he knows how to deal with difficult situations. You will have a great time traveling with him.

### What to bring

Trekking boot, sun block, hat, anti-insect repellent, warm clothes, rain coat, flash-light, toiletries, original passport

## Detailed Itinerary

### Night 1: Night train to Lao Cai

Transfer from your hotel to Hanoi Railway Station for the night train to Lao Cai. Overnight in AC soft sleeper cabin.

#### Summary

Transfer railway station: AC vehicle  
Accommodation: Soft sleeper in AC cabin

the rest of the day to explore the town.

Optional walking tour begins at 1 pm to Lao Chai Village, home to Black H'mong people. Overnight in Sapa.

#### Summary

Transfer Lao Cai – Sapa: 1 hr  
Accommodation: Hotel in Sapa  
Activity: Free at leisure

### Day 1: Lao Cai – Sapa – Tavan Village

Arrive in Lao Cai around 5.30 am. We will take 1hr bus ride uphill to the beautiful town of Sapa. The ride give you a glimpse of the stunning vistas and impressive rice terraces. Upon arrival in Sapa Town we have breakfast in local restaurant. Free time for



### Day 2: Sapa – Heavens Gate – 2900m

In the morning, we travel by car toward the Silver Waterfall where we will be able to take a short walk to the waterfall. We will then drive further to Heaven Gate, the highest peak of roads in Vietnam. From there we can see Fansipan, the highest peak of Indochina mountains as well as enjoy stunning view of the Binh Lu valley. The trek will be relatively soft until lunchtime. After a couple of hours of hiking, we will have a break at a nice spot in the forest and enjoy a good lunch. With new energy we start ascending as well as descending towards the campsite. En route we will have opportunity to enjoy the scenery and magnificent views to Sapa Area and beautiful landscape of Lai Chau province. We will arrive to the campsite at 2900m ASL in the late afternoon. Now it is time to relax and enjoy a well prepared dinner.

#### Summary

Trekking: 5 hrs/ascend 2,900 m from 1,600 m

Accommodation: Camping

Meals: Breakfast, Lunch, Dinner

### Day 3: 2900m – the top of Fansipan – Heavens Gate – Sapa – Night train back to Hanoi

After having breakfast, we climb to the top, where we can celebrate your victory. From there, you can enjoy the best view to beautiful sceneries. You will then trek through rainforest to go back to the campsite for lunch. After lunch, you start your journey back. You follow the trail as well as stone steeps built by Hoang Lien National Park until you meet your car, which is there to take you back to Sapa. In the afternoon you will arrive back in Sapa, where you can celebrate your achievement, taking shower and relax until transfer to Lao Cai Railway Station for the night train back to Hanoi.

#### Summary

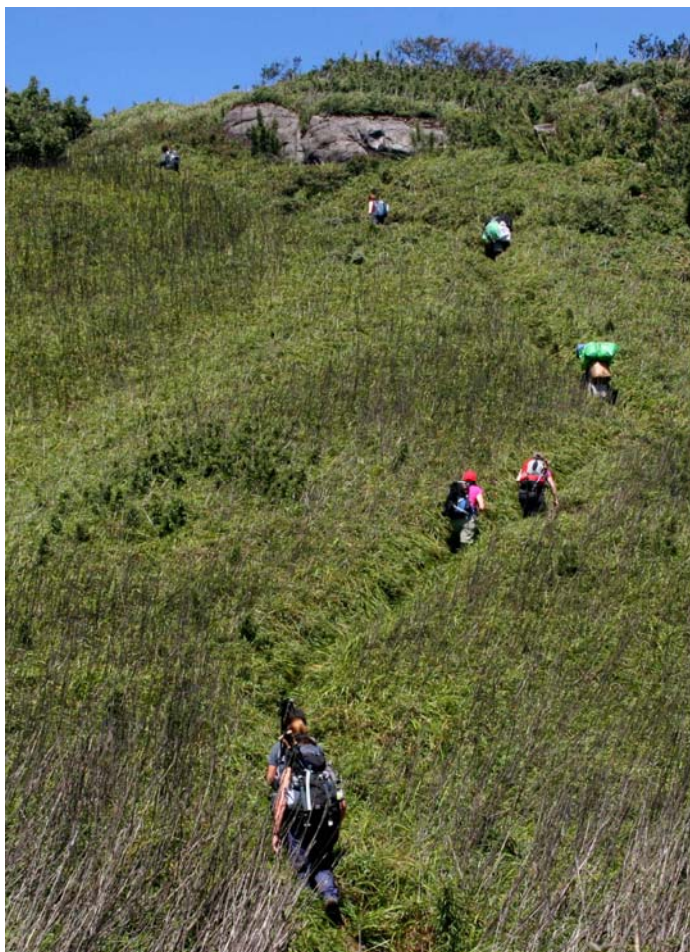
Trekking: 7 hrs/ascend 3,143 m and back to Heaven Gate for the transfer to Sapa

Accommodation: Camping

Meals: Breakfast, Lunch

### Day 4: Back to Hanoi

Arrive in Hanoi early morning. Tour ends



## Holiday Extensions

### Kayaking in Halong Bay: 3-day tour with 2-day kayaking and overnight on Chinese junk

The most famous place for kayaking in Vietnam. Kayak is also the best way to explore how beautiful Halong Bay is, to paddle through islets, to visit hidden caves, lagoons, unspoiled beaches, floating-fishing village, to talk with local fish-man. Thanks to thousands of islands on the bay, the water is calm, the current is fine, and the wind is not too strong are ideal condition for sea-kayaking.



## ACTIVELY EXPLORING HIDDEN LANDS